



Ô ROUGE  
HÔTEL & SPA

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SPA



## Face care

### THE GREAT CLASSIC

Personalized aromatic treatment, detoxifying and revitalizing around a deep cleansing in 5 exclusive phases

75 minutes - 105€

### THE ESSENTIALS

Hydralessence - Nutrilessence  
- Calmessence - Puressence

Care chosen and adapted according to your skin type

60 minutes - 90€

### EYE AND LIP PERFECTION

anti-aging treatment, revitalizing and plumping eyes and lips

45 minutes - 80€

### TIME RESIST

Anti-aging treatment to fill in deep wrinkles

60 minutes - 95€

### VITAMINE C25

Anti-aging, radiance and unifying care for sublimated skin

60 minutes - 110€

### EXCELLENCE CODE

Global anti-aging treatment, energy points, aventurine quartz and premium biocellulose mask

90 minutes - 145€



A French and family brand, Yon-Ka designs each treatment as a unique, multisensory experience to reconnect body and mind and release tension.



### STOPOVERS

Hydra or detox

Aromatic discovery treatment for a moisturizing or detoxifying break

30 minutes - 50€

### MAHANA

Energetic, aromatic and relaxing treatment with star massage (skull, hands and feet) inspired by a Polynesian ritual

60 minutes - 85€

## Soins Corps

### AROMA-LUXE

100% manual Yon-Ka relaxing massage  
Under the action of enveloping and relaxing techniques, the body is invaded by a feeling of lightness and a deep fullness for a great moment of relaxation.

30 minutes - 50€

60 minutes - 95€

### BODY SCRUB

Customizable scrub

From the softest to the most intense

30 minutes - 45 €

### RELAXING GETAWAYS

Exfoliation and customizable massage Choose your trip

#### Provencal getaway detox -

exfoliation followed by a 100% manual relaxing massage using Yon-ka techniques

**A walk in the woods** silhouette - exfoliation followed by an invigorating massage with bamboo sculpting techniques

#### Corsican delight vitality-

exfoliation followed by a re-balancing massage with energizing acupressure techniques

**Trip to Polynesia** relax - exfoliation followed by a relaxing massage using hot stone techniques

60 minutes - 95€

90 minutes - 140€

# Body Massages

## POLYNESIAN MASSAGE

A massage with organic frangipani flower nectar or monoi butter that provides a gentle feeling of relaxation and absolute letting go

## BAMBOO HOLISTIC MASSAGE

A relaxing and draining massage integrating maneuvers with a bamboo that dissolves physical and psychic tensions

## JAPANESE IMPERIAL MASSAGE

This massage harmoniously combines the art of gestures to revive and balance vital energy and find deep serenity thanks to Zen oil with the scent of jasmine, Ylang and rose.

## CASHMERE AYURVEDIC MASSAGE

A harmonizing and rejuvenating massage that cheers up the mood by favoring the relaxation of muscular tensions

## ORIENTAL MASSAGE

An energizing massage with Moorish butter with 2 figs whose rhythmic movements based on oriental dance leaves a feeling of lightness

60 minutes - 90€



French and independent family brand, of natural and sensory cosmetics inspired by ancestral beauty rituals. More than 95% of the ingredients are of natural origin. Some products are certified organic by the European label cosmos organic.



## Body scrub

*Exfoliation of your choice: Bora bora sand; Brazil nut brown sugar; With Himalayan salt; Pomegranate and figs*

*30 minutes - 40 €*

# Body Rituals

## WELLNESS CRUISE IN POLYNESIA

Scrub with fine Bora bora sand, monoi oil and shea butter followed by a mango butter wrap and to finish massage with organic frangipani flower nectar or monoi butter

## HOLISTIC RITE IN THE AMAZON

Brown sugar scrub with Brazil nuts, followed by an anti-stress wrap with acerola and beeswax and finally a holistic bamboo massage with organic nectar from Ipanema

## JAPANESE IMPERIAL CELEBRATION

Detoxifying exfoliation with sesame seeds and anti-fatigue remineralizing salts followed by a warm wrap with jasmine and shea butter and to finish massage with Zen oil with jasmine, ylang and rose.

## INDIAN STYLE AYURVEDIC INVITATION

Ayurvedic scrub with Himalayan salt, essential oils of lemon grass and sweet orange followed by a massage with organic cashmere nectar with sesame oil, turmeric and boswellia.

## ARABIAN NIGHTS CEREMONY

Pomegranate and fig scrub followed by a detox wrap based on rassoul, kaolin, cinnamon, ginger, thyme and lemon, followed by a Moorish butter massage with two figs.

90 minutes - 120€

# Specific massages

## **HEAD MASSAGE**

Relaxing massage targeting the head, shoulders and neck to release tension and stress

45 minutes - 70€

## **PREGNANT MASSAGE**

Ideal for relieving pregnancy pain and tension and relieving stress  
(4th to 7th month only)

60 minutes - 99 €

## **CANDLE MASSAGE**

Let yourself be enveloped by the gentle warmth of a candle that has become a massage oil for an infinitely gentle massage all over your body.

75 minutes - 130€

## **BACK MASSAGE OR PLANTAR RELAXATION**

25 minutes - 40€

# Hand and foot care

## **HAND CARE**

Filing, cuticle care, exfoliation, sculpting, basic break

45 minutes - 50€

## **FOOT CARE**

Filing, cuticle care, exfoliation, sculpting, basic break

45 minutes - 60€

## **CALLUSPEELING**

Feasible option with the beauty of the feet

15 minutes - 35€



# Conditions générales

## **HORAIRES ESPACE DÉTENTE :**

10h00- 12h00/13h-19h00

Tarif clients extérieurs - 39€/personne pour 2h

## **HORAIRES SOINS :**

Du lundi au dimanche de

10h00 à 12h et de 13h à 19h00 sur rendez-vous.

Soins en duo possible du vendredi au dimanche inclus.

Le spa est un univers de tranquillité, d'harmonie non médicalisé et tous les soins prodigués ont pour seul but votre bien-être.

Le port du maillot de bain est obligatoire. L'utilisation de produits cosmétiques dans nos installations est strictement interdite pour des raisons d'hygiène et d'entretien de nos équipements.

Nous mettons à votre disposition des peignoirs, des serviettes et des claquettes. L'accès au spa est autorisé à partir de 14ans avec accompagnement obligatoire d'un adulte.

La direction ne peut être tenue responsable en cas de perte, de vol, d'oubli ou de détérioration d'objets au sein du spa.

Nous vous demandons de vous présenter 10 à 15 minutes avant votre réservation. Dans un souci de détente et de satisfaction optimale, nous vous remercions de respecter les horaires de vos rendez-vous.

En cas de retard, nous serons obligé d'imputer le temps de ce dernier sur la durée de votre soin.

Lors de votre réservation, veuillez nous indiquer tous les éléments relatifs à votre état de santé et si vous êtes enceinte.

Pour toute modification ou annulation de soin, il vous est demandé de contacter le spa dans un délai minimum de 24h avant votre soin. Au delà de ce délai, toute annulation ou en cas de non présentation, sera facturé.

Lors de votre réservation, votre numéro de carte bancaire vous sera demandée en guise de garantie.