Ô ROUGE
HÔTEL & SPA

SPA

Ô Spa



Term and Conditions

The spa is a non-medicalized world of tranquility and all the treatments provided are for the sole purpose of your well-being.
Access to the Spa is authorized from the age of 14 with the obligatory accompaniment of an adult.
When booking, please tell us all the information relating to your state of health and if you are pregnant.
For any modification or cancellation, you are asked to contact the spa within a minimum of 24 hours before your appointment.
Beyond this deadline, any cancellation or no-show will be charged.
When you book, you will be asked for your credit card number as a guarantee.

RELAXATION AREA: From 10:00 a.m. to 8:30 p.m. at €45 per person for 2 hours - Every Monday access for 2 hours at €22.50 instead of €45 Facilities: Outdoor swimming pool heated from May to October, Outdoor Jacuzzi, Hammam, Sauna, Shower Multisensory, Nordic Shower and Herbal Tea We provide flip flops, a bathrobe and a towel Wearing a swimsuit is mandatory, swim shorts are accepted

CARE : Monday to Sunday from 10:00 a.m. to 12:00 p.m. and from 1:00 p.m. to 7:00 p.m. by appointment. Duo treatments possible.

We ask that you arrive 10 to 15 minutes before your reservation.
In the interest of relaxation and optimal satisfaction, we thank you for respecting the schedules of your appointments.

The management cannot be held responsible in the event of loss, theft, forgetting or damage to objects within the spa.

Body Care

BACK MASSAGE, PLANTAR RELAXATION OR BODY MASSAGE
Relaxing massage of the body, back or feet to relieve tension

30 minutes - €55

HEAD MASSAGE
Relaxing massage of the head, neck, face and shoulders to relieve tension linked to stress

45 minutes - €70

SWEET LOMI POLYNESIAN MASSAGE
A massage with organic frangipani flower nectar or monoi butter to give you a gentle sensation of relaxation and absolute release.

ORIENTAL MASSAGE
An energising massage using Moorish 2 figs butter whose rhytmic movements inspired by oriental dance leave you with a feeling

BALINESE MASSAGE
A massage using green tea oil, combining gentle, flowing movements with stretching, pressure and fluid techniques to release tension and create a feeling of lightness.

IMPERIAL JAPANESE MASSAGE
This massage combines the harmonious art of gestures to revive and balance vital energy and rediscover profound serenity, thanks to a zen oil at the scent of jasmine, ylang-ylang and rose.

HOLISTIC BAMBOO MASSAGE
A relaxing and draining massage incorporating movements with bamboo to dissolve physical and mental tension and give the body and heart a boost.

AYURVEDIC CASHMERE MASSAGE
A harmonising and rejuvenating massage that enhances the mood by focusing on relieving muscular tension for a deep sense of relaxation.

60 minutes - €95

90 minutes - €135

"MUM TO BE" MASSAGE
Ideal for relieving pain and tension due to pregnancy and relieving stress (From the 4th to the 7th month only)

60 minutes - €99

YON-KA PARIS

As a French and family brand, Yon-Ka defines each treatment as a unique and multi-sensorial experience to reconnect body and mind and free yourself from tension.



STOPOVERS
Moisturising or detoxifying
Aromatic discovery care for a moisturising or detoxifying interlude

30 minutes - €55

EQUATORIA PARIS

Independent, family-run French brand of natural and sensorial cosmetics inspired by ancestral beauty rituals. Over 95% of its components are of natural origin. Some products are certified organic by the European cosmos organic label.



Scrubs

Choose from 6 scrubs with a variety of grains and textures, adapted to every skin type and individual need.

30 minutes - €40

Face Care

MAHANA
Energising, aromatic and relaxing care with star massage (skull, hands and feet) inspired by a Polynesian ritual

60 minutes - €85

THE BASICS
Hydralessence - Nutrilessence - Calmessence - Puressence
Care selected and suited to your skin type

60 minutes - €90

TIME RESIST
Anti-ageing care to reduce the appearance of deep wrinkles

60 minutes - €95

THE GREAT CLASSIC
A personalised, detoxifying and revitalising aromatic care based on deep purification in 5 unique phases.

75 minutes - €105

VITAMINE C25
Anti-ageing, radiant and unifying care for a radiant skin

60 minutes - €110

Body Rituals

WELLNESS CRUISE IN POLYNESIA
Bora bora fine sand scrub, monoi oil and shea butter followed by a mango butter body wrap and a final massage with organic frangipani flower nectar or monoi butter.

CEREMONY OF A THOUSAND AND ONE NIGHTS
A pomegranate and fig scrub followed by a detox wrap with rassoul, kaolin, cinnamon, ginger, thyme and lemon, and a Moorish two figs butter massage.

INDONESIAN DETOX RITUAL (BALINESE)
A Jamu green tea scrub, an algae and green coffee wrap, followed by a massage using oil infused with lemongrass

IMPÉRIALE JAPANESE CELEBRATION
A detoxifying scrub with sesame seeds and remineralising anti-tiredness salts, followed by a warm wrap with jasmine and shea butter, and a zen oil massage at the scent of jasmine, ylang-ylang and rose.

HOLISTIC RITE IN AMAZON
Brown sugar scrub with Brazil nuts, followed by an anti-stress wrap with acerola and beeswax, and finally a holistic bamboo massage with organic Ipanema nectar.

INDIAN-STYLE AYURVEDIC INVITATION
Ayurvedic scrub with Himalayan salt, lemon grass and sweet orange essential oils, followed by a massage with organic cashmere nectar with sesame oil, turmeric and boswellia.

60 minutes - €95
90 minutes - €135